

**FOR IMMEDIATE RELEASE:**

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**Register Today for the Father's Day 5K**

Enjoy a morning of fun-filled, family-friendly activities this Father's Day at the Club for Boys' Father's Day 5K Fun Run and Walk. Besides the run, there will be a kiddie carnival, prizes, and a pancake breakfast.

"This is the perfect activity for families looking for an inexpensive, but fun activity to do this Father's Day," said Elizabeth Ruen, event coordinator. "People of all ages will enjoy running or walking the bike path near Rapid Creek; kids will be entertained with face painting, games and prizes during the kiddie carnival; and everyone will appreciate the pancake breakfast and door prizes following the race."

The morning kicks off at 8 a.m. with registration and a kiddie carnival by Memorial Lake in Memorial Park. The run starts at 9 a.m. Runners, walkers and even those riding in strollers will head east on the bike path from Memorial Lake to just past Founder's Park and back. A pancake breakfast, awards presentation to the top finishers, and door prize drawing will take place following the race at the Club for Boys.

"In the spirit of hosting a family-friendly event on Father's Day, we are offering a family registration fee," said Ruen. A family can participate in all the activities for only \$30, if registered before June 10. Individual registration before June 10 is \$17 for adults and \$7 for children. Ruen advises participants to register early to take advantage of the early bird discount. After June 10, fees increase to \$35 for a family, \$20 for adults, and \$10 for children.

Registration forms can be picked up at The Club for Boys located at 320 North 4<sup>th</sup> Street or at The Runner's Shop. Registration forms are also available online at [www.theclubforboys.com](http://www.theclubforboys.com). For additional information please call 343-3500 or visit [www.theclubforboys.com](http://www.theclubforboys.com).

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